



Achieving excellence through Curriculum and Culture



Year 11 Parent Information
Evening
Thursday 28 September 2023

Work Hard

Be Kind

Aim High

Our Ambition

*Is to empower our young people,
through education, to have the
knowledge and skills they need to
be successful in life and make a
positive difference to their
communities*

“If you go to class and you do average work – you are likely to get a grade 4 – that’s why it’s called average. If you want a grade 6 (above average) – you have to do extra work and if you want a grade 8 (well above average) – you have to do even more work. You have to invest in doing extra’s”



Welcome

Supporting your year 11 child through exams

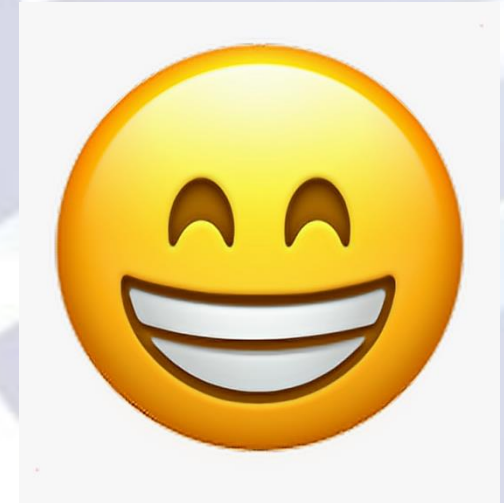


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- “Parental support for home learning can promote the **self-regulation** in children necessary to achieve academic goals including **goal-setting, planning, perseverance** and the **management of time, materials, attentiveness, and emotions.**”



- It is this support– **rather than direct involvement in the academic content** – that parents can most usefully promote

School support

- Year 11 Study Support programme in tutor time
- Revision techniques student work book
- Period 6 timetable
- Lunchtime support sessions
- Supply resources - including calculators and revision materials
- Online resources – subject specific guidance
- Tutor time sessions on revision techniques
- Parent support webinars from Elevate

Mindset

- The GCSE mindset helps guide students to realise what they are capable of and ensures that they achieve.
- These elements are key to a good GCSE mindset:
- **Effort and hard work** – **A**ctive, **B**itesize, **C**onsistent revision
- **Organisation** – A tidy, quiet work space and materials
- **Consistency** – The power of 20 minutes bitesize sessions
- **Practice** – Silent working, Timed Past papers, flashcards, mind maps and notes
- **Attitude** – a growth mindset rather than a fixed mindset

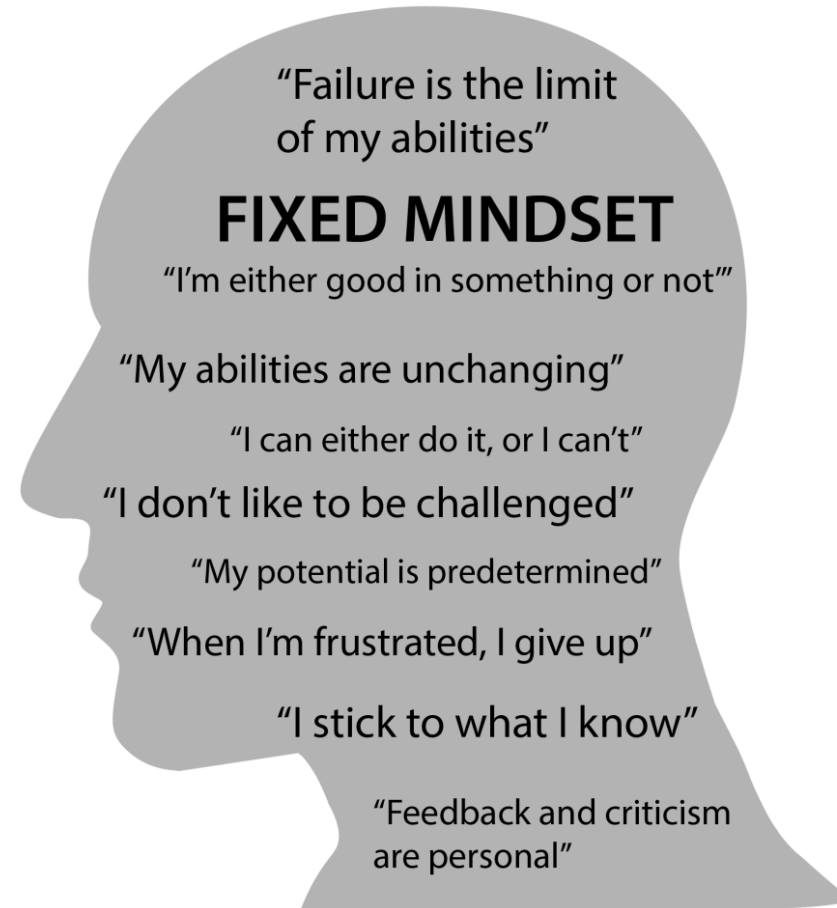
Active, Bitesize, Consistent



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Technique	Effectiveness	Description of Technique
Practice Testing	High	Self-testing or using past-exam questions while learning.
Distributed practice	High	Developing a schedule of revisions / learning activities over time.
Elaborative Interrogation	Moderate	Thinking about 'why' you have answered a question or creating an explanation for a response.
Self-explanation	Moderate	Linking new information to known information or using applied questions (problem based learning).
Interleaved Practice	Moderate	Developing a schedule that mixes different techniques during a period of study.
Summarisation	Low	Writing summaries of concepts / area of study.
Highlighting	Low	The use of highlighters or underlining while read / rereading.
Keyword Mnemonic	Low	Use of key terms / acronyms / images to associate with concepts to be learned.
Imagery	Low	Attempting to form mental images of materials while reading.
Rereading	Low	Revisiting text that has already been read.

Table 1: Learning techniques and their effectiveness adapted from Dunlosky et al (2013) pg 6.

What are the best revision techniques?

- We have taught the students the most effective revision techniques, as highlighted by the education endowment foundation, in order to maximise their learning and retention of knowledge.
- These are:
 - **Cumulative quizzing**
 - **Flashcards**
 - **Blind mind mapping**

How to make a revision timetable

- **Step 1** – Fill in all your extracurricular activities to make your revision table manageable
- **Step 2** – List your subjects
- **Step 3** – Fill in the timetable above with the subjects from your list and make sure that there is even time given to each subject
- **Step 4** – Make time to do something you enjoy at the weekends
- **Step 5** – Remember that Easter and half term are for rest but are also a great opportunity for you to get ahead with more revision. Spend this year prioritising your education

We asked young people to give us some wellbeing advice for exam time and this is what they told us:

- 1. Always take a moment just to breathe, whether in the exam, before or after**
- 2. Remember that school does offer support, just reach out and ask!**
- 3. Keep your work balanced. Spend time revising but socialise and relax too**
- 4. Keep a self-care routine so that your revision is the most productive it can be whilst you feel as good as possible**
- 5. Break up revision with food and exercise to make sure you stay energised**
- 6. Remember that results do not define you**
- 7. Find a revision space and style that works for you**
- 8. Work to your own pace – everyone is different in how they work**
- 9. If you feel nervous about the time pressure of an exam, practice timing yourself when you revise, or try some test papers**
- 10. Plan in some treats to reward yourself, and celebrate when it's all over!**

More than just data



LINGUISTS



POETS



ARTISTS



CARERS



COOKS



SPORTS
PEOPLE



BUILDERS
AND MAKERS



INFLUENCERS

What do GCSEs get them?

- Options and choices – in the door
- **They** get the jobs



Our expectations

- Strong attendance and good punctuality
- Conduct
- Organisation
- Respect
- Effort



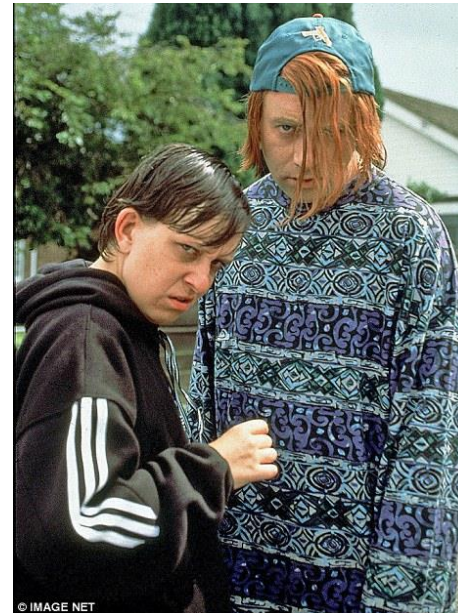
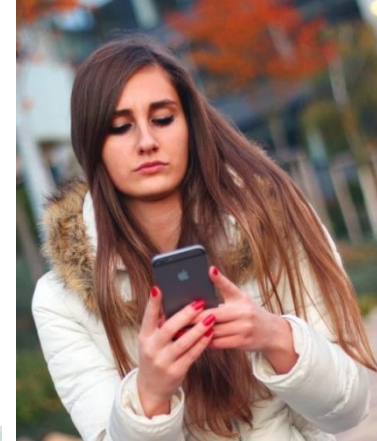
How can you help at home?



What we want



What we sometimes get



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Aim High

Your role

Project manager

Study buddy – even if you
have no idea what they
are talking about!

Agent

Stationery purchaser



What can you do?

Project manager

- Encourage your child to attend extra school sessions
- Have a 'to do list' pinned on the fridge. Each day transfer the homework to the to do list and write due date
- Talk about what will be done each night and especially at weekends

Study buddy

- Revise with your child
- Get them to explain something to you
- Simply be near by
- Take them a drink or a treat
- Keep them going!
- If they get stuck and stressed you may need to take charge

What can you do?

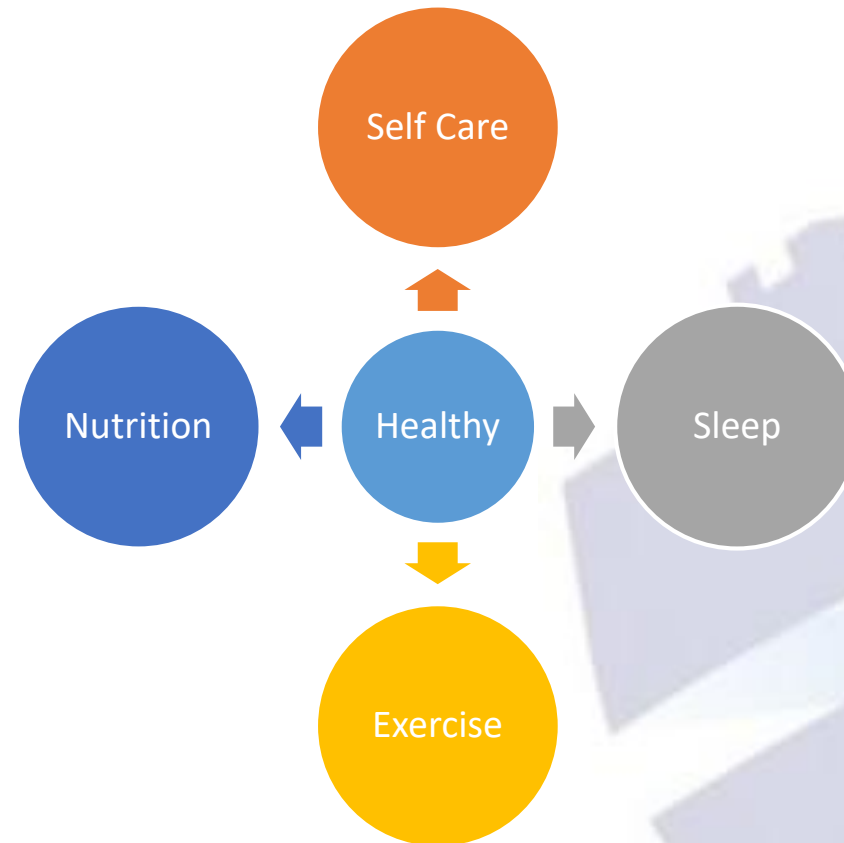
Agent

- Plan – lots of calling!
- Organise
- Fire Fight
- Run around like a headless chicken

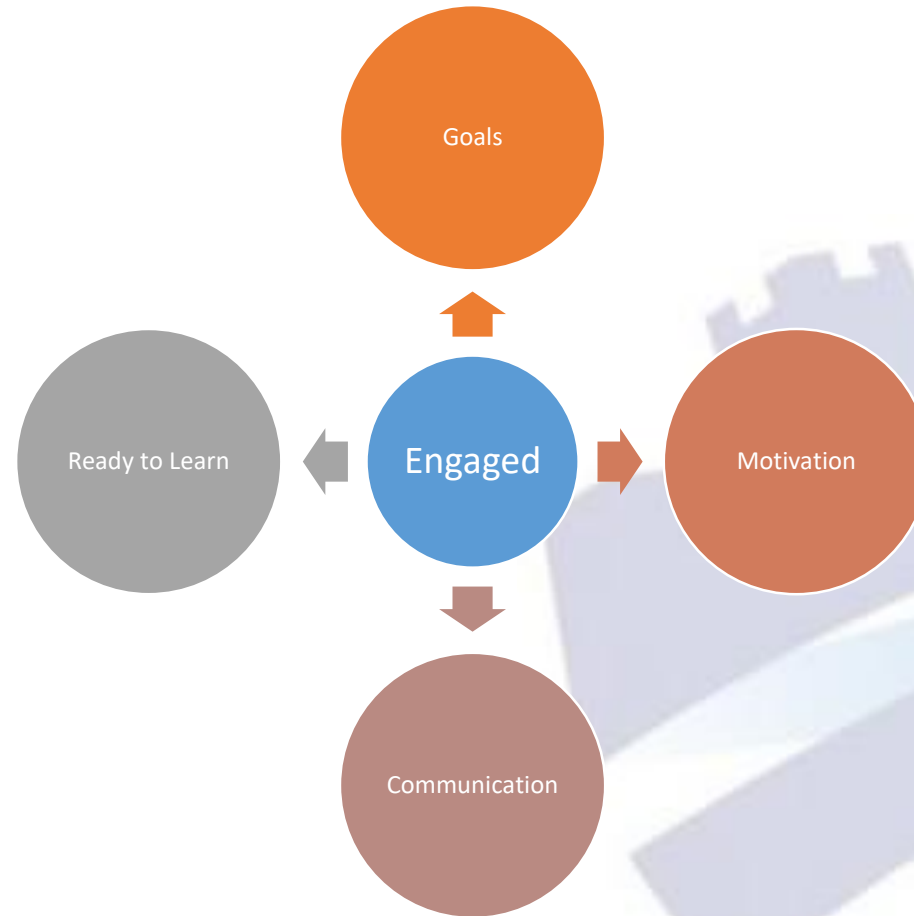
Stationery purchaser

- Revision guides as specified by departments
- Printer paper
- Highlighter pens
- A4 notebooks for making notes
- Index cards
- Sticky notes
- Folders / boxes
- Plastic wallets

What can you do?



What can you do?



Revision



What am I doing wrong?

- Not doing any – 1 year from today!
- Leaving it all until the last minute
- Not having a plan
- Not being sure what to revise
- Revising the right things in the wrong ways
- Becoming overwhelmed – not knowing where to start
- Not making the most of Revision sessions and teachers at school
- Not listening to advice!

This is what we say to students

- Get organised – get the ‘stuff’ you need including decent revision materials
- Start revising early
- Make a realistic Revision timetable
- Make sure you’ve got everything you need available
- Go to all your lessons and all available revision sessions (remember just attending revision sessions is not enough!)
- Know how to revise – what methods work for you?
- Have a clear goal for every revision session
- Have a routine
- Take a break if you are getting frustrated
- Don’t waste time struggling – make a note of it – carry on with something else – check it in your next lesson
- Don’t be influenced by what your friends are saying – they are invariably talking rubbish!

Other Helpful Stuff

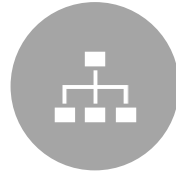
- [Exam Board Websites](#)
- BBC bitsize – APP!
- Kahoot
- Subject websites e.g. [Technology Student](#), [mathsandphysicstutor.com](#), [mymaths](#) etc.
- [Revision World](#)
- YouTube
- GOOGLE 😊



People to speak to



Subject Teachers –
revision sessions
and support



Heads of
Departments



Tutors



Assistant Head of
Year 10 – Miss
Holton



Head of Year 10 –
Mr Wookey



Careers/Work
Experience – Miss
Linsell



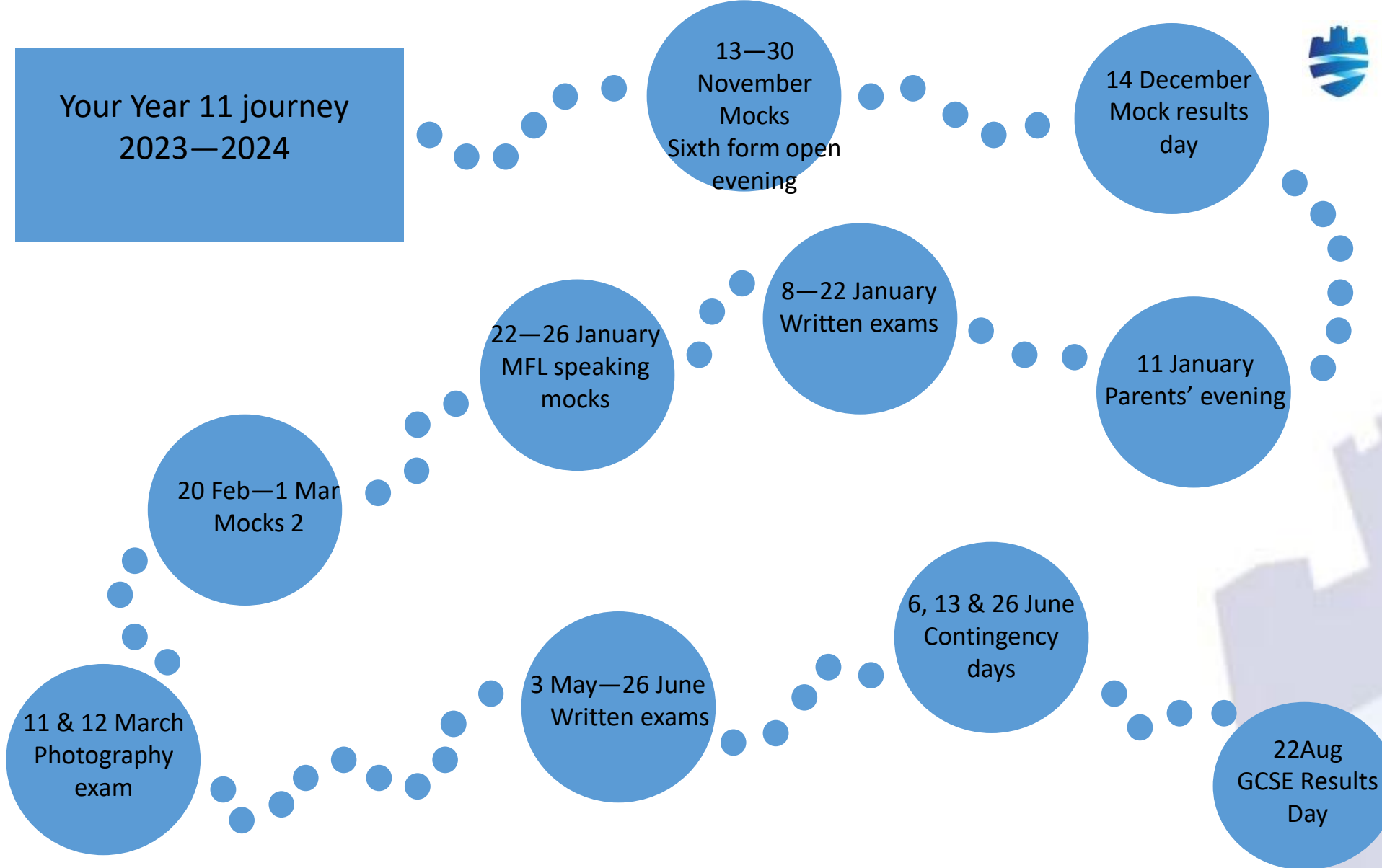
Exam support and mental health support

- The Mix - www.themix.org.uk
- BBC Bitesize: The Mind Set - www.bbc.co.uk/bitesize/articles/z3hpgdm
- Student Minds - www.studentminds.org.uk
- MindEd (Parents and Students) - www.minded.org.uk





Your Year 11 journey 2023—2024



Contingency Days—All candidates must ensure that they are available up to and including the contingency days in case examinations have to be rescheduled by the exam boards for any reason. Do not book holidays until after the final contingency day on 26 June 2024.



Mock exam period: Monday 13 November to Thursday 30 November 2023

Day & date	Session 1	Session 2
B Monday 13 November	Geography Paper 1: Physical Geography (1h 30m, 1h 53m ET)	History Paper: British depth study Option B4 Early Elizabethan England (1h 40m, 2hr 5m ET)
B Tuesday 14 November	English Language Paper 2 (1h 45m, 2h 11m ET)	Drama (1h 30m, 1h 53m ET) Computer Science P1 (45m, 56m)
B Wednesday 15 November	Mathematics Paper 1: Non-calculator (1h 30m, 1h 53m ET)	D&T (2h, 2h 30m ET) RS (2h, 2h 30m ET)
B Thursday 16 November	Science Paper 1: Biology (1h 15m, 1h 34m ET) Triple Science 1: Biology (1h 45m, 2h 11m ET)	French, German, Spanish Writing Foundation (1h 10m, 1h 28m ET) Higher (1h 20m, 1h 40m ET)
B Friday 17 November	Mathematics Paper 2: Calculator (1h 30m, 1h 53m ET)	Business P1 (1h 30m, 1h 53m ET)
A Monday 20 November	English Literature Paper 2 (2h 15m, 2h 49m ET)	PE (1h 30m, 1h 53m ET)
A Tuesday 21 November	Science Paper 2: Chemistry (1h 15m, 1h 34m ET) Triple Science 2: Chemistry (1h 45m, 2h 11m ET)	Construction (1h 30m, 1h 53m ET) Hospitality (1h 30m, 1h 53m ET) Enterprise (1h 15m, 1h 34m ET) Health & Social Care (1h, 1h 15m ET)
A Wednesday 22 November	MFL French & German: Listening F 35m, H 45m (ET F 44m, H 56m) followed by Reading F 45m, H 1h (ET F 56m, H 1h 15m)	Computer Science P2 (1h 30m, 1h 53m ET)
A Thursday 23 November	Science Paper 3: Physics (1h 15m, 1h 34m ET) Triple Science 3: Physics (1h 45m, 2h 11m ET)	Food (1h 45m, 2h 11m ET)
A Friday 24 November	Mathematics Paper 3: Calculator (1h 30m, 1h 53m ET)	Business P2 (1h, 1h 15m ET)
B Monday 27 November	Art (5h)	
B Tuesday 28 November	Art (5h)	
B Thursday 30 November	Photography (5h)	

English Masterclasses – October 2023

Tuesday 10 October

Approaching a Literature examination question with An Inspector Calls

Tuesday 17 October

Approaching English Language Paper 2 Question 4 Writers' Perspectives and Feelings

Tuesday 31 October

How to respond to the Unseen Poetry questions – Literature Paper Two Section C

Tuesday 10 November

English Language Paper 2 Section B – Writing 3.15-4.05 in the Lecture Theatre.

Please bring paper/notepad and pen!

Non-Examination Assessment deadline calendar

Week beginning	Art (60%)	Construction (60%)	Design & Technology (50%)	Drama (40%)	Enterprise & Marketing (60%)	Food Preparation & Nutrition (50%)	Health & Social Care (60%)	Hospitality & Catering (60%)	Music (60%)	PE (40%)	Photography (60%)	Travel & Tourism (60%)
4 September						TBC		TBC				
11 September												
18 September												
25 September												
2 October					02/10		02/10					
9 October												
16 October									20/10			
23 October	Half term											
30 October												
6 November												
13 November	Mocks 1											
20 November	Mocks 1											
27 November												
4 December												
11 December												
18 December	Wednesday 20 December – Tuesday 2 January: Christmas break											
25 December	Wednesday 20 December – Tuesday 2 January: Christmas break											
W 3 January	Wednesday 20 December – Tuesday 2 January: Christmas break											
8 January												
15 January												
22 January												
29 January												31/01
5 February									09/02			
12 February	Half term											
19 February	Mocks 2											
26 February	Mocks 2											
4 March												
11 March			15/03									Exam 11&12
18 March	Exam 18&19											
25 March								28/03	28/03			
1 April	Friday 29 March – Friday 12 April: Easter break											
8 April	Friday 29 March – Friday 12 April: Easter break											
15 April												
22 April											22/04	
29 April	29/04	01/05					01/05					
6 May	Written examinations start											
13 May					15/05							

Key Year 11 Staff and Contact Details

Head of Year 11 – Mr Simon Wookey swookey@plymstockschool.org.uk

Assistant Head of Year 11 – Mrs Victoria Palin vpalin@plymstockschool.org.uk

Year 11 SEND Team Leader – Mrs Angie Chesney amchesney@plymstockschool.org.uk

KS4 Raising Excellence Leader – Mrs Rebecca Wright rwright@plymstockschool.org.uk

Year 11 Support Hub 01752