



PLYMSTOCK SCHOOL PERSONAL DEVELOPMENT YEAR 8 LEARNING JOURNEY

Y9

**UNIT 6:
LIVING IN THE WIDER
WORLD**



**LESSON 17:
ONLINE SAFETY**



**LESSON 18:
DIGITAL LITERACY**



**LESSON 19:
MEDIA RELIABILITY**



**LESSON 16:
TYPES AND
PATTERNS OF WORK**



**LESSON 15:
LIFE CHOICES**



**LESSON 14:
EQUALITY OF
OPPORTUNITY**

**UNIT 5:
LIVING IN THE WIDER
WORLD**



**UNIT 4:
RELATIONSHIPS**



**LESSON 11:
GENDER IDENTITY AND
SEXUAL IDENTITY**



**LESSON 12:
CONSENT**



**LESSON 13:
INTRODUCTION TO
CONTRACEPTION**



**LESSON 10:
GENDER
DISCRIMINATION AND
MISOGYNY**



**LESSON 9:
DISCRIMINATION**



**LESSON 8:
RACISM**

**UNIT 3:
RELATIONSHIPS**



**UNIT 2:
HEALTH AND
WELLBEING**



**LESSON 5:
ALCOHOL AND DRUG
MISUSE**

**LESSON 6:
ALCOHOL AND RISK**



**LESSON 7:
PRESSURES INCLUDING
COUNTY LINES**



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**LESSON 4:
CHANGE, LOSS AND
GRIEF**



**LESSON 3:
COPING STRATEGIES**



**LESSON 2:
BODY IMAGE**



**LESSON 1:
MENTAL HEALTH
AND EMOTIONAL
WELLBEING**

**UNIT 1:
HEALTH AND
WELLBEING**



Be Kind

Work Hard

Aim High