



PLYMSTOCK SCHOOL PERSONAL DEVELOPMENT YEAR 10 LEARNING JOURNEY

Y11

**UNIT 6:
LIVING IN THE WIDER
WORLD**



**LESSON 17:
COMMUNITIES**



**LESSON 18:
BELONGING**



**LESSON 19:
CHALLENGING
EXTREMISM**



**LESSON 16:
READINESS FOR
WORK**



**LESSON 15:
EVALUATION OF
WORK EXPERIENCE**



**LESSON 14:
PREPARATION FOR
WORK EXPERIENCE**

**UNIT 5:
LIVING IN THE WIDER
WORLD**



**UNIT 4:
RELATIONSHIPS**



**LESSON 11:
RELATIONSHIP
CHALLENGES**



**LESSON 12:
ABUSIVE
RELATIONSHIPS**



**LESSON 13:
ASSERTIVE
COMMUNICATION**



**LESSON 10:
IMPACT OF THE
MEDIA AND
PORNOGRAPHY**



**LESSON 9:
MYTHS**



**LESSON 8:
RELATIONSHIPS AND
SEX EXPECTATIONS**

**UNIT 3:
RELATIONSHIPS**



**UNIT 2:
HEALTH AND
WELLBEING**



**LESSON 5:
DRUGS**



**LESSON 6:
GANGS**



**LESSON 7:
ROLE MODELS AND THE
MEDIA**



Y10

**LESSON 4:
MENTAL HEALTH
CASE STUDY-JESY
NELSON**



**LESSON 3:
MENTAL HEALTH
BENEFITS**



**LESSON 2:
MENTAL HEALTH
AND IMAGE**



**LESSON 1:
MENTAL HEALTH
AND ILL HEALTH**

**UNIT 1:
HEALTH AND
WELLBEING**



Be Kind

Work Hard

Aim High