







Personal Development: Year 9 Remote Learning

- In the table below you will see the unit being studied in school and the approximate time of year the unit is being delivered in school.
- Find the unit currently being studied in school and the classroom lesson and look for the remote learning alternative.
- To access the remote learning alternative lesson(s) click on the link (control + click).
- There are a number of lessons and you are not expected to complete them all.
- If you have any concerns after completing any of the remote learning lesson(s) please speak to your PD teacher.

Unit:	Months studied between:	Classroom Lesson:	Remote learning alternative:
 Unit 1: Health and Wellbeing	September-November	1. Healthy and Unhealthy Friendships	Respectful Relationships (4 lessons) https://teachers.thenational.academy/units/respectful-relationships-recognising-and-reporting-criminal-behaviour-within-rel
		2. Assertiveness	
		3. Gang Exploitation	
		4. County Lines	
 Unit 2: Health and Wellbeing	November-December	5. Alcohol and Drug Misuse	Drugs and Alcohol (2 lessons) https://teachers.thenational.academy/units/drugs-and-alcohol-prescription-and-illegal-drugs-b9df
		6. Pressures relating to drug use	
		7. Vaping and THC	
Unit 3: RSE 	January-March	8. Families and Parenting	Families (4 lessons) https://teachers.thenational.academy/units/families-being-safe-and-reporting-concerns-48c6
		9. Healthy relationships	
		10. Pornography	
Unit 4: RSE 	March-April	11. Consent	Being Safe (5 lessons) https://teachers.thenational.academy/units/being-safe-the-law-consent-exploitation-and-harassment-53e2
		12. Contraception	
		13. STIs	
Unit 5: Living in the Wider World 	April-June	14. Learning Strengths	BBC Teach Careers https://www.bbc.co.uk/teach/ks3-ks4-careers/zhhxtrd
		15. Career options and goal setting	
		16. Employability	

Unit 6: Living in the Wider World 	June-July	17. Honour Based Marriage	Internet Safety and Harms (4 lessons) https://teachers.thenational.academy/units/internet-safety-and-harms-reality-vs-the-online-world-005c
		18. Community Cohesion and British Values	
		19. Challenging Extremism	