

Health & Social Care

Cambridge Technical Level 3 Extended Certificate

Examination Board: OCR

Staff Lead

L Dover, BA (Hons), PGCE

Why Study Health & Social Care?

Health and Social is one of the largest employment sectors in the UK. This course promotes an understanding of many of the important issues faced within today's Health and Social care system. This course will help you develop independence and confidence in the skills relevant to the Health and Social care sector.

This course is a combination of academic study and applied learning where you will gain an understanding of how theory is applied to practice in health and social care settings.

You will also develop the following transferable skills that can be used in higher education and work situations:

- Communicating and collaborating effectively with individuals

- Creating and presenting/delivering information
- Independent learning
- Researching topics and referencing
- Recommending care and support for individuals
- Solving health and social care problems for others

Career Paths & Degree Courses

This course supports applications for further study in nursing, midwifery, social work and social sciences. The requirements of the qualifications enable students to develop a range of skills that are highly regarded by higher education providers and employers.

Requirements

At least five 9-4 grades at GCSE, with a minimum average grade score of 4.5. If you have studied Health & Social Care at Level 2 a minimum of a Level 2 Merit must be achieved.

Recommended - English GCSE at grade 5 or above.

Unit	Year 12	Unit	Year 13
1 Coursework Unit	Building Positive Relationships in Health & Social Care: This unit introduces the many different relationships you will encounter in the health and social care sector. You will also study communication theories, communication skills and the person centred approach to care.	4 Exam Unit	Anatomy & Physiology This unit aims to introduce you to the basic structure and functions of the body systems involved in everyday activities and maintenance of health. Unfortunately, things do go wrong and each system has well-known diseases and disorders. Also, as individuals grow older, they are likely to be affected by malfunctions as a result of degeneration. You will understand the effects on individuals and what has to be done on a daily basis to enable them to lead as full and independent a life as possible.
2 Exam Unit	Equality, Diversity & Rights in Health & Social Care: You will study - equality, diversity, individual rights, discrimination and care values. You will also consider the legislation in place to ensure equality of care.	Option Unit 13 Coursework Unit	Nutrition for Health As future practitioners, it is important to understand the impact of nutrition on well-being and health. Rising levels of obesity are leading to increases in heart conditions, diabetes and liver disease. This unit introduces nutritional health and the components of good nutrition. You will have the opportunity to scrutinise different foods, consider their health benefits and investigate how to support other people to impact their health and well-being.
3 Exam Unit	Health, Safety and Security in Health & Social Care: You will acquire the necessary knowledge and skills to equip you in maintaining a safe working environment. You will learn how legislation and policies reduce risk in health and social care settings.	Option Unit 10 Coursework Unit	Sexual health, reproduction and early development stages. You will learn about sexual health and the types of contraception that are available. You will develop an understanding of the importance of prenatal health and the factors that could have an impact on the health and development of the foetus. You will also study stages of pregnancy and an overview of care and development of the baby in the first year are also covered.