



Plymstock School

Achieving Excellence through Curriculum and Culture



CODE OF DRESS

Plymstock School Uniform/Dress Code

Our School uniform is an important part of our identity that ensures all students feel a sense of belonging and self-worth within our school community. Our school uniform also ensures there is equality for all. It is everyone's personal responsibility to ensure the full school uniform is worn with pride and correctly at all times. Parent/carers and student co-operation is essential if we are to maintain this high standard.

The Plymstock School Uniform (correct at time of publication)

| | |
|---------------|--|
| School Blazer | Navy blue with school badge. |
| Shirts | Plain white (only) which button up to the neck. With the top button done up. |
| Tie | Clip on Plymstock School tie. |
| Trousers | Plain, dark grey formal tailored school (or suit style trousers). Alternatives such as jeans/denim, cotton, leggings, or jeggings are not permitted. |
| Skirts | <p>The new style skirt is compulsory for Year 7 & 8 whilst students in the other years can choose to wear the new or plain, dark grey school skirt.</p> <p>Year 7-8 Plymstock patterned, pleated skirt, which must be worn correctly, waistband showing. Skirt length should be just above the knee.</p> <p>Year 9-11 Plain, dark grey tailored, school skirt. Skirt should be worn correctly and the length should be just above the knee. Stretchy material or lycra skirts are not permitted.</p> |
| Socks/Tights | Plain dark grey, black, or navy only. Socks over the knee are not permitted. |
| Shoes | <p>Flat shoes, plain black, leather or leather look. The following are not permitted: Trainers, canvas shoes, high heels, boots, pumps, open toed or open heeled shoes. Please be aware that some manufacturers label such shoes as 'School' shoes.</p> |
| Jumper | Navy blue v neck jumper with school logo (optional). |
| Shorts | Plain, dark grey, formal tailored school shorts (same material as school trousers) are permitted to be worn during the Spring and Summer terms. Short length should be above the knee. Alternatives such as cargo, sportswear, swimming, beach, PE, jean, cord, lycra or jersey shorts are not permitted. |
| Belts | If worn, should be plain black. |
| School bag | At least A4 size to be able to carry school books and equipment for the day. |



Outdoor Wear

| | |
|-----------------------------|---|
| Outdoor Coats | Outdoor coats should be a dark colour and predominantly one colour (Waterproof is recommended for the Winter months). Plain in style and not made from denim or leather. Coats may be worn as an additional item of clothing to and from School but not instead of the School blazer. Coats must be removed when in classrooms. Hoodies, cardigans, and non-uniform jumpers are not permitted as outdoor coats or additional layers under their blazer. |
| Scarves & Gloves | Can be worn when outside but must be removed in classrooms. They should be predominantly one colour. |
| Hair | Hair styles should be well groomed, neat and of a natural colour. No 'extremes' of fashion are permitted, specifically 'un-natural colours' and patterns/words shaved into the hair, coloured braids or additional hair accessory items eg. hair tinsel |
| Make up | Years 7 and 8 - no make up Years 9-11 - should be subtle and natural looking make up. False eye lashes are not permitted. |
| Nails | Nail varnish/shellac/extensions/acrylics of any kind are not permitted. They should be a natural colour and to the end of the fingertip (for Health and Safety reasons). |
| Permanent tattoos | Are not legally permitted on any person under the age of 18. |
| Jewellery | Jewellery is not permitted except for one small stud in each ear. No other piercings or jewellery are permitted in the interest of health and safety for all students. |
| Piercings | If a student has a nose piercing, they can wear a small transparent retainer stud whilst they are in school. Ear stretchers, hoops, spikes and hanging piercings are not permitted for health and safety reasons. Where students are wearing permitted studs, they must be removed for PE, sports, and physical activity (inc. use of the 3G pitches during breaks). If a student wears any non permitted piercing they will be asked to remove it. |
| Standard watches | Are permitted but the school accepts no responsibility in the event of loss or damage. Smart watches with internet connectivity should not be worn in school. This mirrors the school position on mobile phones. |

Non permitted Items in School

Those deemed to pose a health and safety risk to others or unsuitable for a learning environment

Aerosols are not permitted because they can trigger asthma attacks in others; students and staff

Laser pens are not permitted. They can cause damage to eyes.

Fizzy Drinks (caffeinated energy drinks) are not permitted. They do not support effective learning.

Additional Information

The School reserves the right to make the final decision on what is and what is not acceptable. All items brought into School are the students responsibility. We would recommend labelling items.

Please note that the items of School uniform are available from:

Trutex Schoolwear and More, Sugar Mill Retail Park Plymouth (online option available)

South West Uniforms, Mayflower Street, Plymouth (online option available)

A contribution to support with the costs of uniform is available, where appropriate, for students who are eligible for Pupil Premium.

Shoes

Further Guidance

✓ SUITABLE examples



X UNSUITABLE examples



Trainers



Boots



Canvas

Sports and PE Kit

Compulsory

All items can be purchased from Kitworld, either by visiting their shop at 319/320 Faraday Mill, Plymouth PL4 0ST or via the Plymstock shop on their website:

<https://kitworld.uk/product-category/school-clubs/plymstock-school>

Items can be purchased individually or as part of a bundle.

Students are required to wear at least one item from A, B and C.

A



B






C



Long black socks are **compulsory** for the following activities: Football, Rugby and Hockey

Students are permitted to wear short white socks instead of long black games socks for any other activity .

Studded footwear – If you are purchasing boots for school only, in order to maximise use and reduce cost, we strongly recommend that you only purchase **moulded boots** which can be used for both football and rugby. This can also be used for recreational play during break 1 and 2 on the Astroturf.

| | Moulded Boots | Blades | Studded Boots |
|-------------------|--|---|---|
| |  |  |  |
| Football | ✓ | ✗ | ✗ |
| Rugby | ✓ | ✓ | ✓ |
| Recreational Play | ✓ | ✗ | ✗ |

PLEASE REMEMBER TO NAME ALL ITEMS OF SCHOOL UNIFORM

Curriculum Map 2023 - 2024

This is to support you knowing what is required throughout the academic year.

| | | TERM 1 | TERM 2 | TERM 3 | TERM 4 | TERM 5 | TERM 6 |
|---------|--------------------|--|--|---|--|--|--|
| Year 7 | ME in PE | SOCIAL ME Personal Behaviour | SOCIAL ME Motivating and Influencing Others | SOCIAL ME Communication and Teamwork | THINKING ME Evaluating and Improving | HEALTHY ME Body Management | EMPLOYABLE ME Self-Motivation |
| | PHYSICAL ME | Set 1 Basketball Set 2 Basketball Set 3 Football Set 4 Football | Set 1 Football Set 2 Football Set 3 Rugby Set 4 Rugby | Set 1 Badminton Set 2 Gymnastics Set 3 Hockey Set 4 Basketball | Set 1 Gymnastics Set 2 Badminton Set 3 Basketball Set 4 Hockey | Set 1 Rounders Set 2 Rounders Set 3 Athletics Set 4 Athletics | Set 1 Athletics Set 2 Athletics Set 3 Cricket Set 4 Cricket |
| Year 8 | ME in PE | THINKING ME Decision Making | SOCIAL ME Communication and Teamwork | THINKING ME Problem Solving | EMPLOYABLE ME Integrity | HEALTHY ME Stress Management | EMPLOYABLE ME Self-Motivation |
| | PHYSICAL ME | Set 1 Football Set 2 Netball Set 3 Table Tennis Set 4 Fitness | Set 1 Netball Set 2 Football Set 3 Fitness Set 4 Table Tennis | Set 1 Gymnastics Set 2 Fitness Set 3 Football Set 4 Badminton | Set 1 Fitness Set 2 Gymnastics Set 3 Badminton Set 4 Football | Set 1 Tennis Set 2 Athletics Set 3 Rounders Set 4 Athletics | Set 1 Athletics Set 2 Tennis Set 3 Athletics Set 4 Rounders |
| Year 9 | ME in PE | THINKING ME Evaluating and Improving | EMPLOYABLE ME Self-Motivation | EMPLOYABLE ME Leadership | HEALTHY ME Body Management | THINKING ME Innovation | EMPLOYABLE ME Resilience |
| | PHYSICAL ME | Set 1 Fitness Set 2 Badminton Set 3 Hockey Set 4 Basketball | Set 1 Badminton Set 2 Fitness Set 3 Basketball Set 4 Hockey | Set 1 Hockey Set 2 Basketball Set 3 Football Set 4 Volleyball | Set 1 Basketball Set 2 Hockey Set 3 Volleyball Set 4 Football | Set 1 Rounders Set 2 Cricket Set 3 Tennis Set 4 Softball | Set 1 Cricket Set 2 Rounders Set 3 Softball Set 4 Tennis |
| Year 10 | ME in PE | SOCIAL ME Personal Behaviour | EMPLOYABLE ME Integrity | SOCIAL ME Motivating and Influencing Others | HEALTHY ME Emotional Wellbeing | THINKING ME Evaluating and Improving | EMPLOYABLE ME Self-Motivation |
| | PHYSICAL ME | Set 1 Fitness Set 2 Netball Set 3 Table Tennis Set 4 Football | Set 1 Netball Set 2 Fitness Set 3 Football Set 4 Table Tennis | Set 1 Table Tennis Set 2 Football Set 3 Badminton Set 4 Hockey | Set 1 Football Set 2 Table Tennis Set 3 Hockey Set 4 Badminton | Set 1 Rounders Set 2 Tennis Set 3 Handball Set 4 Cricket | Set 1 Tennis Set 2 Rounders Set 3 Cricket Set 4 Handball |
| Year 11 | ME in PE | HEALTHY ME Emotional Wellbeing / Stress Management | SOCIAL ME Motivating and Influencing Others | EMPLOYABLE ME Resilience | HEALTHY ME Body Management | EMPLOYABLE ME Self-Motivation | EMPLOYABLE ME Self-Motivation |
| | PHYSICAL ME | Set 1 Badminton Set 2 Fitness Set 3 Football Set 4 Basketball | Set 1 Fitness Set 2 Badminton Set 3 Hockey Set 4 Football | Set 1 Netball Set 2 Table Tennis Set 3 Badminton Set 4 Hockey | Set 1 Basketball Set 2 Netball Set 3 Table Tennis Set 4 Fitness | Set 1 Options Set 2 Options Set 3 Options Set 4 Options | Set 1 Options Set 2 Options Set 3 Options Set 4 Options |

EQUIPMENT NEEDED FOR LEARNING

ESSENTIAL 8

2 BLACK PENS

2 GREEN PENS

2 PENCILS

1 RULER

1 ERASER

1 GLUE STICK

1 HIGHLIGHTER PEN

1 READING BOOK

ESSENTIAL FOR SPECIFIC SUBJECTS

SCIENCE AND MATHS - SCIENTIFIC CALCULATOR

MATHS - PROTRACTOR AND PAIR OF COMPASSES

PE - REQUIRED PE KIT

D&T - COLOURED PENCILS

ART - 2B PENCILS x 2



| | | |
|---|------------------|--|
| ELECTRONIC DEVICES Eg. Mobile phone, air pods, ipods, MP3 players, headphones | JEWELLERY | NON PERMITTED ITEMS Eg. Aerosols, laser pens |
|---|------------------|--|

**We see it
We hear it
You lose it**

**We see it
You lose it**

**We see it
You lose it**

| Outcome | Outcome | Outcome |
|---|---|--|
| Process 1 Staff issue a negative point on Class Charts | Process 1 Staff issue a negative point on Class Charts | Process 1 Staff issue a negative point on Class Charts |
| Process 2 Staff will instruct the student to hand in their device | Process 2 Staff will instruct the student to hand in their non permitted jewellery | Process 2 Staff will instruct the student to hand in their non permitted item |
| Process 3 The item will be stored in the Hub and can be collected after 3.10pm Outcome - Confiscation | Process 3 The item will be stored in the Hub and can be collected after 3.10pm Outcome - Confiscation | Process 3 The item will be stored in the Hub and can be collected after 3.10pm (unless an illegal item in which an appropriate adult would be required) Outcome - Confiscation |

Those deemed to pose a health and Safety risk to others or unsuitable for a learning environment