

VOLUNTEER



Volunteering is more than just your opportunity to do something great for your community—it can also have a major impact on your job search and professional reputation.

Stay local!



➤ **Volunteer at your local library**

You could be helping to run story sessions for young children, getting involved in events, or helping out with the day-to-day admin of running a library.

Ideal for those interested in: **education, publishing, or administration.**

➤ **Write articles for a paper or blog**

Plenty of schools, colleges, and sixth forms have their own paper, blog, or newsletter, and they normally welcome entries from students.

➤ **Help out at a hospital, nursing home or residential home**

Hospitals, nursing homes, and residential homes are often looking for volunteers. Ideal for those interested in: **nursing, medicine, adult care, or health and social care.**

➤ **Feed people at a soup kitchen or food bank**

Some soup kitchens serve meals up to twice a day, and are always in need of servers, cleaners, and dishwashers. Ideal for those interested in: **catering, hospitality, or charities.**



Watch the clips
[Volunteer at the Zoo](#)
[Volunteering with St John Ambulance](#)

5 reasons why

1. It Looks Good on Your CV
2. It Presents an Opportunity to Meet New People
3. It Helps You Determine Your Career Goals
4. It Allows You to Develop and Refine New Skills
5. It Makes You More Confident

“In a competitive job market, **prospective employers want to see what makes you different** from all the other candidates, and volunteering is a great way of standing out from the crowd. By demonstrating that you take part in **meaningful activities in your spare time**, you will show an employer that you are a well-rounded person with **some interesting life experience.**” *Kate Edwards - Volunteer Services Manager, The Abbeyfield Society*