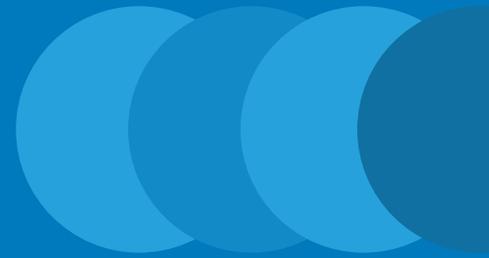


COVID-19 ABSENCE

A quick guide for parents / carers



WHAT TO DO IF...	ACTION NEEDED	BACK TO SCHOOL...
...my child has COVID 19 (coronavirus) symptoms*	<ul style="list-style-type: none">■ Child shouldn't attend school■ Child should get a test■ Whole household self-isolates while waiting for test result■ Inform school immediately about test results	...when child's test comes back negative
...my child tests positive for COVID-19 (coronavirus)	<ul style="list-style-type: none">■ Child shouldn't attend school■ Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)■ Inform school immediately about test results■ Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days	<p>...when child feels better, and has been without a fever for at least 48 hours</p> <p>They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.</p>
...somebody in my household has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none">■ Child shouldn't attend school■ Household member with symptoms should get a test■ Whole household self-isolates while waiting for test result■ Inform school immediately about test results	...when household member test is negative, and child does not have COVID-19 symptoms*
...somebody in my household has tested positive for COVID-19 (coronavirus)	<ul style="list-style-type: none">■ Child shouldn't attend school■ Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days	...when child has completed 14 days of self-isolation, even if they test negative during the 14 days

* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

See more at www.nhs.uk/conditions/coronavirus-covid-19/symptoms/

WHAT TO DO IF...	ACTION NEEDED	BACK TO SCHOOL...
<p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> ■ Child shouldn't attend school ■ Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days ■ Rest of household does not need to self-isolate, unless they are a 'close contact' too 	<p>...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
<p>...we / my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> ■ Do not take unauthorised leave in term time ■ Consider quarantine requirements and FCO advice when booking travel ■ Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> ■ Child shouldn't attend school ■ Whole household self-isolates for 14 days – even if they test negative during those 14 days 	<p>...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p>
<p>...we have received advice from a medical / official source that my child must resume shielding</p>	<ul style="list-style-type: none"> ■ Child shouldn't attend school ■ Contact school as advised by attendance officer / pastoral team ■ Child should shield until you are informed that restrictions are lifted and shielding is paused again 	<p>...when school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>
<p>...I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> ■ Only people with symptoms* need to get a test ■ People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive 	<p>...when conditions above, as matching your situation, are met</p>

For further information visit:
www.plymouth.gov.uk/covid-19

