

Health and Social Care

Year 11 → Year 12 Transition (Bridging)

In the Sixth Form you will be studying six units over two years:

- Equality and Diversity (Exam Unit)
- Health and Safety (Exam Unit)
- Building Positive Relationships (Coursework Unit)
- Nutrition (Coursework Unit)
- Anatomy & Physiology (Exam Unit)
- Sexual Health and Reproduction (Coursework Unit)

In order to prepare for studying at this level, you are required to complete a number of 'bridging activities' which provide a background/introduction to the topics we will be studying. If you have studied the Level 2 Cambridge National or BTEC Health and Social Care, many of these topics will be familiar.

You will complete a number of Care Certificate Standard Workbooks to support your transition to the Sixth Form.

The Care Certificate is an agreed set of standards that define the knowledge, skills, expectations and behaviours for practitioners in the Health and Social Care sector. The Certificate is made up of 15 standards but you will be working on the standards that are directly relevant to the units we study as part of the sixth form programme. You will be required to work through the following workbooks:

1. Equality and Diversity
2. Privacy and Dignity
3. Handling Information
4. Health & Safety
5. Infection prevention and control
6. Basic Life Support

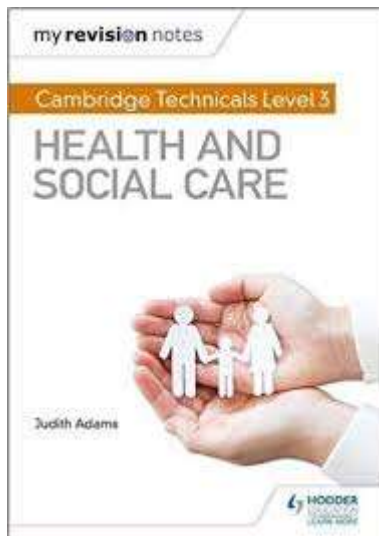
You will not be assessed on these bridging activities. However, students who have gone on to work in Health and Social Care have found their workplace inductions significantly easier having already completed a number of the Care Certificate workbooks.

You are recommended to work on one booklet each week. If you do not complete all the activities within the week, move onto the next booklet. This is to ensure you gain a broad overview of the topics we will be studying.

Recommended textbooks:

You will be provided with a Course textbook but I recommend you buy the following revision guide which is available on Amazon:

My revision notes – Cambridge Technicals Level 3 – Health and Social Care by Judith Adams (Hodder Education – ISBN 978 5104 4230 6)



Mrs Dover

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Plymstock School