



Name..... Tutor Group.....

**Bronze Award – Expedition Kit Check**

<b>Essential items</b>	
<b>Sleeping Bag</b>	
<b>Roll mat</b>	
<b>Spare clothing</b>	
<b>Walking boots</b>	
<b>Waterproof jacket</b>	
<b>Waterproof trousers</b>	
<b>Hat</b>	
<b>Gloves</b>	
<b>Rucksack</b>	
<b>Cooking/Eating utensils</b>	
<b>1L refillable drinks bottle</b>	
<b>Sun Cream</b>	
<b>Food</b>	
<b>Desirable</b>	
<b>Torch (spare batteries)</b>	
<b>Blister pack</b>	
<b>Black rubble bag (waterproof)</b>	