**Year 11 Health & Social**

**Mock Revision**

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| **De-construct the Question:**  1 Command Verb – what exactly do you have to do?  2 Marks Available – will help you plan the structure of your answer  3 Context – what topic is it?  4 Clue – “Development” – PIES  5 Clue - “Impact” “Effects” – positive and negative  6 “3 is the magic number” |

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| **Stages and Patterns of Human Growth of Development** | Infancy |
| Childhood |
| Adolescence |
| Adulthood |
| Later Adulthood |
| **Factors Affecting Human Growth and Development** | **Physical**  Genetics & Diet  Physical activity /exercise  Illness and Disease |
| **Economic**  Income & material possessions |
| **Social &Emotional**  Gender  Life expectancy  Relationships  Education |
| **Environmental**  Housing  Pollution  Access to Health Care |
| **Effects**  Self-esteem  Employment  Physical and mental health  education |

**Textbook** - GCSE Health & Social Care for OCR – Fisher 978-1-85008-424-2

**OCR GCSE Health & Social Care Website** – Past Papers & Mark schemes

<http://www.ocr.org.uk/qualifications/gcse-health-and-social-care-single-double-award-j406-j412-from-2012/>

**Gojimo** – Free Revision App

**Channel 4 Learning** – Health & Social Care Quiz

**getrevising.co.uk**