

Neighbourhood news

TODAY: PLYMSTOCK, WEMBURY, YEALMPTON



INTERNATIONAL STANDARD: Plymstock School pupils Beth, 15, and Jack Worthington, 13, who represent Great Britain in taekwondo – with Beth just returning from the World Championships in Egypt – pictured (above) with headteacher David Farmer and (below) in their doboks

Siblings pack a real punch

TWO TALENTED siblings are flying high in the world of taekwondo as they both enjoy continued success at international competitions.

Plymstock School pupils Beth, 15, and Jack Worthington, 14, both have their sights set on becoming sporting champions in the coming few years.

The brother and sister have so far this year both competed at the A-Class Swedish Open in Trelleborg, with Beth going on to compete at the German and Dutch Opens and Jack attending the Belgium Open in March. They have also both been selected for the National Talent Squad for their respective age groups and will have to commit most of their summer school holidays to training with the national coaches in Manchester.

More recently Beth represented Great Britain at the World Junior Championships that took place in

Sharm el Sheikh, Egypt. She was one of only seven athletes chosen for Team GB.

Beth is hoping to travel to Korea next month for a fortnight's training with the Korean High School of Taekwondo, organised by GB Taekwondo for the Junior National Talent Squad, whilst Jack will be competing at the Capital Cup in London next week.

Beth, who is in Year 10, said: "I am really pleased with what I have achieved so far in gaining third place in Europe and representing my country in the World Championships in Egypt. Next year I hope to medal in the Europeans."

Her equally talented brother Jack, who is in Year 9, said: "I am proud of my achievements so far. I train hard six times a week and enjoy competitions all around the world. I am dedicated to my sport and hope one day to become a World Champion."

Plymstock School are proud of the siblings successes and have told The



Herald they have a number of talented students, like Beth and Jack, who are looking for support from local businesses in the form of sponsorship.

Theresa Honeywill, physical education teacher at the school, said: "We are extremely proud of Beth and Jack's achievements. We actively encourage all our students to be the best they can be and this is a great example of that."

Beth and Jack will go on to compete at the British National Championships, in September, where they hope to retain their titles as British National Champions for their respective age and weight categories.

The siblings will also be looking to compete at the Croatian Open, in November, and the Paris Open, in December, both A-Class competitions. The training and hard work will place them in a good position to try and represent Great Britain for the European Junior Championships next year.