



## HMS Heroes Training at the Guildhall in October



Over the past three days a group of our students went to the Guildhall to complete a training that would enable us to be a lead role and peer mentor within our HMS heroes group back at school.

These three days included; learning new icebreakers & games, how to be a leader, how to be a role model, and how important it is to know that there are other people like us service people within our school and community. It also gave me and the people around me new skills for life and an understanding of why we are all the same but different.

I had loads of fun, made new friends, who I felt I had known them for a long time and learnt more about myself. I highly recommend it to anyone who is up to the challenge☺. We intend on bringing what we have learnt back to our Heroes group to improve it. Charlotte said 'I gained some support from this myself because I could talk to the people who understood my feelings. I would like to pass on some of the skills I have learnt to the rest of our Heroes.'

All of us achieved our certificates and are now ready to take lead roles in Heroes with school.

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